



For simply faster service
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DAIRY

- | | |
|--|--|
| ☐ Milk | ☐ Parmesan |
| ☐ Butter/ Margarine | ☐ Block Cheese |
| ☐ Sour Cream | ☐ Sliced Cheese |
| ☐ Whipped Cream | |
| ☐ Yoghurt | |
| ☐ Cottage Cheese | |
| ☐ Cream Cheese | |

MEAT / POULTRY / SEAFOOD

- | | |
|-----------------------------------|---------------------------------|
| ☐ Bacon | ☐ Beef |
| ☐ Sausages | ☐ Lamb |
| ☐ Ham | ☐ Pork |
| ☐ Mince | ☐ Fish |
| ☐ Chicken | ☐ Prawns |
| ☐ Turkey | |
| ☐ Eggs | |

FROZEN FOODS

- | | |
|--|---|
| ☐ Ice Cream | ☐ Frozen Chips |
| ☐ Ice Blocks | ☐ Pizza |
| ☐ Chips | ☐ Frozen Chicken |
| ☐ Frozen Fish | ☐ Pies |
| ☐ Frozen Vegies | |

BREADS

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|--------------------------------------|--------------------------------|
| ☐ Bread | ☐ Cakes |
| ☐ Bread Rolls | |
| ☐ Muffins | |
| ☐ Crumpets | |

BEVERAGES

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|---------------------------------------|--|
| ☐ Coffee | ☐ Juice/Cordial |
| ☐ Tea | |
| ☐ Soft Drink | |
| ☐ Spring Water | |

CONDIMENTS

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|---|-----------------------------------|
| ☐ Vinegar | ☐ Mustard |
| ☐ Mayonnaise | ☐ Vegemite |
| ☐ Pickles | ☐ Syrup |
| ☐ Salad Dressing | ☐ Sauce |
| ☐ Honey | ☐ Milo |
| ☐ Jam | |
| ☐ Peanut Butter | |

FRUIT & VEG

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|---------------------------------------|--------------------------------------|
| ☐ Apples | ☐ Carrots |
| ☐ Bananas | ☐ Cabbage |
| ☐ Oranges | ☐ Onions |
| ☐ Lemons | ☐ Rhubarb |
| ☐ Tomatoes | ☐ Corn |
| ☐ Watermelon | ☐ Potatoes |
| ☐ Strawberries | ☐ Spinach |
| ☐ Kiwi Fruit | ☐ Celery |
| ☐ Pumpkin | ☐ Broccoli |
| ☐ Mandarines | ☐ Cucumbers |
| ☐ Grapes | ☐ Cauliflower |
| ☐ Pears | ☐ Mushrooms |
| ☐ Pumpkin | |
| ☐ Lettuce | |

DRY GOODS / COOKING

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|---|---------------------------------------|
| ☐ Cereal/Oatmeal | ☐ Salt |
| ☐ Dry Fruit | ☐ Pepper |
| ☐ Biscuits | ☐ Cake Mix |
| ☐ Crackers | ☐ Muffin Mix |
| ☐ Muesli Bars | ☐ Bicarb Soda |
| ☐ Potato Chips | ☐ Icing Sugar |
| ☐ Rice | ☐ Bread Crumbs |
| ☐ Coconut | |
| ☐ Flour | |
| ☐ Sugar | |

CLEANING

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|--|--|
| ☐ Dish Detergent | ☐ Air Freshener |
| ☐ Laundry Powder | ☐ Bleach |
| ☐ Fabric Softener | ☐ Cleaning Cloths |
| ☐ Floor Cleaner | ☐ All Purpose Spray |
| ☐ Toilet Cleaner | |
| ☐ Bi-carb Soda | |

BATHROOM & TOILET

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| ☐ Razors | ☐ Combs/Brushes |
| ☐ Cotton Balls | ☐ Tissues |
| ☐ Cotton Buds | ☐ Hair Spray |
| ☐ Band Aids | ☐ Hair Gel |
| ☐ Toilet Paper | ☐ Shampoo |
| ☐ Deodorant | ☐ Conditioner |
| ☐ Tooth Paste | ☐ Soap |
| ☐ Tooth Brushes | |

MISCELLANEOUS

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|--------------------------------------|---|
| ☐ Vitamins | ☐ Aspirin |
| ☐ Light Bulbs | ☐ Pens/Pencils |
| ☐ Pet Food | ☐ Greeting Cards |
| ☐ Newspaper | ☐ Magazines |

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