

Before you Leave, Gather the Following:

- Guide books and maps
- Passport and visa(s), Personal ID (Drivers license)
- Student ID (for discount access to museums etc.)
- Cash & Credit cards (foreign currencies?)
- Coins for tolls
- Travelers checks or ATM card
- Insurance: Trip Cancellation and Medical
- Photocopies of documentation
- Tickets & itinerary
- Hotel Reservations
- Special Event Reservations
- Paper printout of emergency contacts

Rasic Essentials

- Luggage Locks & ID Tags (Don't Lock checked baggage)
- Passport/Money Carrier
- Rain Protection
- Video Camera
- Small Flashlight & batteries
- Travel Alarm Clock
- Brimmed Hat or Visor
- Eyeglasses, sunglasses & contact lens (and cleaners)
- Language Books
- Reading Materials
- Playing Cards/Games
- Mini Sewing Kit (place in checked baggage)
- Scarf/Bandana
- Laundry Bag
- Food bars or emergency snack food

Electronics:

- Cell phone, charger, extra battery
- Camera, charger, batteries, cords, etc.
- iPod
- Headphones (bud? noise canceling?)
- DVD player & DVDs
- Laptop & cord & battery
- Plug & voltage adaptors for foreign countries
- Other small electronics & chargers (Kindle, etc.)

Toiletries

If carrying on plane, remember FAA limits on liquids & creams

- Comb/Brush
- Toothbrush/Paste
- Mouthwash
- Dental Floss
- Shampoo/Conditioner
- Soap
- Vitamins
- Medication
- First Aid Kit
- Aspirin/Pain Reliever
- Cold/Sinus Medication
- Diarrhea Medicine
- Laxative
- Insect Repellent ■ Antibiotic Ointment
- Alcohol Wipes

- Sunscreen
- Personal Prescriptions
- Nail clipper
- Tissues
- Q-Tips
- Blow Dryer
- Deodorant
- Lotions/Creams
- Cologne
- Lip balm
- Shaving Cream
- Razor & extra razor blades
- Earplugs
- Plastic bags
- Beach Towel

Clothing

- Dresses, suits, shirts, slacks, socks, ties/scarves
- Dress shoes
- Casual shoes/sandals
- Belt(s)
- Underwear, bras & undershirts
- Pajamas
- Overcoat / rain coat / top coat
- Umbrollo
- Light sweater
- Jeans/shorts
- Swimsuits and goggles
- Beach Coverup
- Exercise clothes & shoes



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