

BACK TO SCHOOL checklist

CLOTHES:

<input type="checkbox"/> T-shirts	<input type="checkbox"/> Dresses	<input type="checkbox"/> Underwear
<input type="checkbox"/> Tank tops	<input type="checkbox"/> Sweatshirts	<input type="checkbox"/> Socks
<input type="checkbox"/> Jeans	<input type="checkbox"/> Sweaters	<input type="checkbox"/>
<input type="checkbox"/> Shorts	<input type="checkbox"/> Jackets	<input type="checkbox"/>
<input type="checkbox"/> Skirts	<input type="checkbox"/> Leggings	<input type="checkbox"/>

SHOES:

<input type="checkbox"/> Tennis shoes	<input type="checkbox"/>
<input type="checkbox"/> Flats	<input type="checkbox"/>
<input type="checkbox"/> Boots	<input type="checkbox"/>

SCHOOL SUPPLIES:

<input type="checkbox"/> Backpack	<input type="checkbox"/> Pencils	<input type="checkbox"/>
<input type="checkbox"/> Lunch Box	<input type="checkbox"/> Erasers	<input type="checkbox"/>
<input type="checkbox"/> Binder	<input type="checkbox"/> Binder	<input type="checkbox"/>

OTHER:

10

Check off your **BACK TO SCHOOL**

11

ABC reading writing
 excess arithmetic
 number two pencil book
SCHOOL DAYS
 homework
 teacher extra credit
 classroom number
 fun apple 1 2 3
 school lunch

abcdefghijklmnopqrstuvwxyz

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After School Checklist

MONDAY TUESDAY WEDNESDAY

READING
 WRITING
 SCIENCE
 MATH

After School Checklist

chalkboard
 back to school
COUNTDOWN
 @simplykierste.com

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back to school
COUNTDOWN

28 27 26 25
 24 23 22 21 20 19
 18 17 16 15 14 13
 12 11 10 9 8 7
 6 5 4 3 2 1

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MY AMAZING SUMMER

NAME _____
 AGE _____

I PLAYED _____
 I WENT _____
 I SAW _____
 I ATE _____
 I VISITED _____

DRAW A PICTURE OF YOUR SUMMER

15

LUNCH BOX IDEAS

Carbs

- sandwiches - on bagels, bread or buns
- crackers - wheat thins, goldfish
- graham crackers
- flatbreads - make wraps or quesadillas
- mini rice cakes
- mini muffins
- homemade breads - banana, zucchini
- waffles
- silver dollar pancakes
- dry cereal
- granola or cereal bars
- english muffin pizzas
- pretzels
- cold pasta salad

Dairy

- cheese - cut into shapes
- cheese strings
- cream cheese and jam sandwiches
- yogurt
- yogurt tubes/drinks - freeze them
- smoothies - freeze them

Fruits/Veggies

- strawberries
- raspberries
- blueberries
- blackberries
- cherries
- cantaloupe
- watermelon
- honeydew melon
- pineapple
- dragonfruit
- kiwi
- grapes - red or green
- oranges - peel first
- banana - slice or peel first
- apples
- pears
- peaches/nectarines
- plums
- unsweetened applesauce
- raisins/craisins
- dried fruit
- fruit leather

Meats/Proteins

- lunch meat roll-ups
- cold rotisserie chicken
- hard-boiled eggs
- lunch-meat sandwiches
- chicken or beef quesadillas
- hummus with veg dippers
- peanut butter alternative
- baby carrots
- baby tomatoes
- cucumber
- celery
- sugar snap peas
- steamed green beans
- pickles
- frozen peas/corn

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