

### GROUP THERAPY PROGRESS NOTE

CLIENT NAME: \_\_\_\_\_ NAME OF GROUP: \_\_\_\_\_

DATE/TIME (of group note): \_\_\_\_\_ PROBLEM/NEED: \_\_\_\_\_

LEADER: \_\_\_\_\_ GROUP SCHEDULE: \_\_\_\_\_

The client attended \_\_\_\_\_ group(s) this week on the following dates: \_\_\_\_\_

The client did not attend \_\_\_\_\_ group(s) this week on the following dates: \_\_\_\_\_

GROUP CONTENT: \_\_\_\_\_

PROGRESS MADE TOWARD GOAL: Yes ☐ No ☐

PLAN: \_\_\_\_\_

#### APPEARANCE *(Check all that apply):*

HYGIENCE & GROOMING: Clean ☐ Neat/Well Groomed ☐ Disheveled ☐ Dirty ☐  
POSTURE & GAIT: Normal ☐ Limps ☐ Rigid/Tense ☐ Involuntary Movement ☐

☐ Significant change throughout the week. Please see comments below.

#### PARTICIPATION *(Check all that apply):*

ATTENTION: Normal ☐ Inattentive ☐ Distractible ☐ Confused ☐  
ATTITUDE: Cooperative ☐ Uninterested ☐ Resistant ☐ Hostile ☐  
Irritable ☐ Suspicious ☐ Paranoid ☐  
AFFECT & MOOD: Normal ☐ Anxious ☐ Depressed ☐ Labile ☐ Euphoric ☐  
THOUGHTS: Goal-directed ☐ Circumstantial ☐ Loose associations ☐  
INTERPERSONAL: Showed empathy ☐ Discussed meaningful personal issues ☐  
Provided helpful feedback ☐ Attention-seeking ☐ Disruptive ☐  
Not respectful of others ☐

☐ Significant change throughout the week. Please see comments below.

COMMENTS: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

Stamp Plate