

## Caz Makepeace's family travel checklist

### Tips

1. Know the weather of the area you are visiting, this will help reduce over packing.
2. Know what activities you will be doing so you can pack appropriately.
3. Know the types of accommodation you will be staying at which will also help with packing
4. Don't over pack; you only need 1-2 of each item.
5. Pack your bags and then reduce by a third. Then do it again.

### First Aid

- Band aids
- Antibiotics
- Bandages
- Panadol or Nurofen
- Antiseptic
- Cotton buds
- Cotton wool
- Sunscreen
- Insect repellent
- Travel sickness pills

### Children's toys

- Ball
- Colouring books
- Colouring pencils
- Favourite DVD's
- iPad
- Dolls
- Matchbox cars
- Music
- Hand held game console
- Security toy or blanket

### Children's clothes

- Swimming costumes
- Jacket
- Raincoat
- Pants
- Shorts (1-2 pairs)
- T-shirts (3-4)
- Dresses (1-2)
- Pyjamas (2 pairs)
- Hats (2)
- Socks
- Underwear
- Joggers
- Sandals
- Thongs

### Baby supplies in day bag

- Nappies
- Baby wipes
- Spare change of clothes
- Nappy cream
- Nappy bags
- Baby food
- Milk supplies (powder, bottles, sterilizer)

### Equipment

- Sporting equipment
- Snorkelling gear
- Bikes
- Tennis racquets

### Travel docs

- Itinerary
- Driver's licence
- Maps and directions,
- Tickets,
- Bookings & confirmations
- Membership cards
- Travel guides
- Insurance information,
- Car paperwork (registration, insurance)
- Roadside service
- Bank
- Credit card info
- Medical papers needed
- Money
- Credit cards
- Debit card

### Toiletries

- Toothbrush
- Toothpaste
- Dental floss
- Soap
- Face washer
- Deodorant
- Shampoo
- Conditioner
- Hair brush
- Styling products
- Hair accessories
- Cleansers & moisturisers
- Lip balm
- Shaving cream
- Razor
- Perfume
- Make up
- Birth control and any other medication
- Feminine
- Hygiene
- Hand sanitizer
- Tissues
- Cotton balls
- Tweezers

### Camping equipment

- Daypack/ backpack
- Handbag
- Garbage bags
- Plastic bags
- Zip lock bags
- Esky/ cooler bag
- Picnic utensils
- Folding chairs
- Beach umbrellas
- Picnic blankets
- Fold up table
- Blow up mattresses
- Tent
- Pots and pans
- Camp stove
- Utensils
- Plates
- Cups
- Food
- Fire starters
- Firewood
- Dishwashing tub

### Cleaning products

- Laundry powder
- Disinfectant spray
- Cloths/wipes
- Sewing kit
- Dishwashing liquid
- Dish tub

### Technology

- Mobile phone & charger
- iPad and charger
- iPod and charger
- Laptop and charger
- Camera and charger
- Memory cards x 2
- External hard drive
- Headphones
- Batteries
- Torch (large and small)
- Head torch
- Binoculars

### Miscellaneous

- Reading books
- Journals
- Pens
- Paper

### Clothes

#### - Basics

- Underwear
- Socks
- Singlets
- Bras
- Tights/stockings
- Pyjamas

#### - Casual

- T-shirts
- Jumpers
- Jeans
- Shorts
- Exercise clothing
- Swimming costumes
- Beach dresses
- Casual skirts
- Pants

#### - Shoes

- Joggers
- Hiking sandals/boots
- Thongs
- Dress shoes

#### - Smarter dress

- Skirt or dress
- Trousers
- Shirts

### Accessories

- Rain coat
- Umbrella
- Jacket,
- Scarves
- Hats
- Sunglasses
- Belts
- Jewellery

### Travel aids

- Snack food
- Bottled water
- Travel pillow
- Manchester
- Beach towels
- Bath towels
- Linen
- Pillows
- Blankets