

date _____

3 reasons to smile today:

☺ _____

☺ _____

☺ _____

to do
somewhere I'll go:

someone I'll see:

something I'll do:

3 things I love to talk about:

1 thing I usually avoid talking about:

3 people I love to talk to:

2 people I haven't met yet, but would love to talk to:

Lightning round (places, everyone!) -
attic or basement? city or countryside? amusement park or shopping mall? office or classroom? movie theatre or opera house? mountain peak or water's edge? deep in a cave or deep in the woods? log cabin or penthouse? balcony or bridge? parking lot or gas station? bank or post office? bakery or candy shop? nightclub or corner pub? hiking trail or porch swing?

The best/most memorable conversation I've had in the last 7 days:

Stories can conquer fear, you know. They can make the heart bigger.

~ Ben Okri