

elements of a prayer list appendix B

Reminder Row	✓	✓					
Pattern for request	Our Father in heaven	Our Father, Holy is your name	Our Father, Your kingdom come	Our Father, You will be done on earth as it is in heaven	Our Father, Give us this day our daily bread	Our Father, Forgive us our debts as we forgive our debtors	Our Father, Lead us not into temptation, deliver us from evil
Priority of prayer	Sonship	Worship	Evangelism	Mercy Social Justice	Generosity Contentment	Unity Reconciliation	Warfare
Prayers for Passions of my heart (heart affections)	release guilt embrace joy	see how my sins hurt God's heart	compassion to see people as God'dots patience	empathy to relate with others different than me	gratitude release greed	willingness to let go of my grudges	wisdom of strength to make wise choices
Key Person	Mom	Dad	Spouse	Grandpa	sister	best friend	brother
Prayers for other People	friend who just became a Christian people in church to know God better	worship team community art show	conversations w/ co-workers opportunity to meet my neighbours summer mission trip	friend's depression my sponsor child soup kitchen friends	budgeting volunteer fundraising drive opportunities to give	church leaders Bible study groups family conflict	resist my temptations friend's struggle with addiction spiritual protection for church
Pressing urgent requests				friend's struggle with cancer	unemployed friend to find a job	friend's divorce	
Praise for answers to my prayers	new sense of joy		going out with co-workers for lunch now			friend found work!	

* sample prayer items in a list

Reminder Row

- Pray through one column a day. Make a check mark at the top of the list to help you pray through all the priorities in a balanced way. The priority of the day then becomes the lens through which you see and pray for the needs in your list and in the world around you that day.
- Frees you from the rigidity of a Monday – Sunday type of schedule. Allows flexibility to pray for the priority/column you are burdened for on any given day.
- Gives you a structure to return to, like returning to a fitness routine or Bible reading routine after a break.

Priority/Focus

- Arranges your prayer life according to priorities outlined in Scripture, particularly the Lord's prayer (as elaborated on in *Seven Days of Prayer with Jesus*. Email gracevan@telus.net for order information). Start your time in prayer by focusing on the priority of the day.
 - Our Father
 - Hallowed be your name
 - Your Kingdom come
 - Your Will be done
 - Give us this day
 - Forgive us
 - Lead us not into temptation/deliver us

- Prayer
- Worship
- Evangelism and Reviving the City
- Mercy/Social Justice
- Generosity, Contentment, Simplicity
- Fellowship/Unity
- Spiritual Warfare