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FREE PRINTABLE GROCERY LIST

Grocery Checklist

Fruit	Deli	Snacks	Drinks	Toiletries
* Apples	* Meat	* Trail Mix	* Juice Boxes	* Shampoo
* Oranges	* _____	* Fruit Leather	* Juice	* Conditioner
* Pears	* _____	* Raisins	* _____	* Body Wash/Soap
* Bananas	* _____	* Granola Bars	* _____	* Lotion
* Grapefruit	* Cheese	* Popcorn	* Soda	* Hand Soap
* Kiwi	* _____	* Crackers	* _____	* Deodorant
* Grapes	* _____	* Cookies	* _____	* Toothpaste
* Strawberries	* _____	* Chips		* Toothbrushes
* Raspberries	* Dips	* Salsa		* Mouth Wash
* Blueberries	* _____	* Other		* Razors
* Lemons	* _____		Canned/Dry Items	* Feminine Products
* Limes	* Other		* Olives	* Band-Aids
* Other	* _____		* Beans	* Vitamins
* _____	* _____		* _____	* Other
* _____		Baking	* Rice	
* _____		* Flour	* Pasta	
		* Sugar	* _____	
		* Powdered Sugar	* _____	
		* Brown Sugar	* Canned Tomatoes	
		* Salt	* Tomato Paste	
Vegetables	Bakery	* Corn Meal	* Tuna	Other
* Lettuce	* Buns	* Corn Starch	* Soup	* _____
* Spinach	* Bagels	* Baking Soda	* Broth	* _____
* Cucumber	* Pita Bread	* Baking Powder	* Coconut Milk	* _____
* Tomatoes	* Tortillas	* Cocoa	* Tea	* _____
* Bell Peppers	* English Muffins	* Shortening	* Coffee Filters	* _____
* Carrots	* Muffins	* Yeast	* Coffee	* _____
* Celery	* Cookies	* Extracts	* Cereal	* _____
* Avocado	* Other	* _____	* Oatmeal	* _____
* Green beans	* _____			* _____
* Broccoli				* _____
* Cauliflower			Supplies	* _____
* Squash			* Baggies	* _____
* Mushrooms			* Dish Detergent	* _____
* Corn			* Laundry Detergent	* _____
* Potatoes			* Plastic Wrap	* _____
* Onions	Meat		* Foil	* _____
* Garlic	* Chicken	Spices/Condiments	* Paper Towels	* _____
* Shallots	* Steak	* Salt	* Tissues	* _____
* Herbs	* Ground Beef	* Pepper	* Toilet Paper	* _____
* _____	* Ground Turkey	* Herbs	* Wet Wipes	* _____
* _____	* Pork	* _____	* Other	* _____
* _____	* Sausage	* Spices	* _____	* _____
* _____	* Bacon	* _____		* _____
* _____	* Fish	* _____	Kids	* _____
* _____	* Shrimp	* _____	* Diapers	* _____
* _____	* Other	* Pesto	* Wipes	* _____
		* Olive Oil	* Formula	* _____
		* Vegetable Oil	* Diaper Cream	* _____
		* Coconut Oil	* Baby Wash	* _____
		* Vinegar	* Other	* _____
		* Mayonnaise	* _____	* _____
		* Ketchup	* _____	* _____
		* Mustard	* _____	* _____
	Frozen Food	* Dressings	* _____	* _____
	* Veggies	* _____	* _____	* _____
	* _____	* _____	* _____	* _____
	* Fruit	* _____	* _____	* _____
	* _____	* Pickles	* _____	* _____
	* _____	* Jam	* _____	* _____
	* _____	* Peanut Butter	* _____	* _____
* Eggs	* Chicken Strips	* Honey	* _____	* _____
* Butter	* Fish Sticks	* Agave	* _____	* _____
* Other	* Pizza	* Syrup	* _____	* _____
* _____	* Ice Cream	* Soy Sauce	* _____	* _____
* _____	* Other	* Teriyaki Sauce	* _____	* _____
* _____	* _____	* Other	* _____	* _____
* _____	* _____	* _____	* _____	* _____
* _____	* _____	* _____	* _____	* _____