

Cleaning Schedule

by Vertex42.com



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Week 1	Week 2	Week 3	Week 4
Monday	Monday	Monday	Monday
<input type="checkbox"/> Laundry + bedding	<input type="checkbox"/> Laundry + bedding	<input type="checkbox"/> Laundry + bedding	<input type="checkbox"/> Laundry + bedding
<input type="checkbox"/> Mop	<input type="checkbox"/> Mop	<input type="checkbox"/> Mop	<input type="checkbox"/> Mop
<input type="checkbox"/> Bathrooms	<input type="checkbox"/> Bathrooms	<input type="checkbox"/> Bathrooms	<input type="checkbox"/> Bathrooms
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday	Tuesday	Tuesday	Tuesday
<input type="checkbox"/> Bedrooms	<input type="checkbox"/> Bedrooms	<input type="checkbox"/> Bedrooms	<input type="checkbox"/> Bedrooms
<input type="checkbox"/> Vacuum	<input type="checkbox"/> Vacuum	<input type="checkbox"/> Vacuum	<input type="checkbox"/> Vacuum
<input type="checkbox"/> Home office	<input type="checkbox"/> Clean hobby spaces	<input type="checkbox"/> Home office	<input type="checkbox"/> Clean hobby spaces
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday	Wednesday	Wednesday	Wednesday
<input type="checkbox"/> Kitchen - general cleaning	<input type="checkbox"/> Kitchen - general cleaning	<input type="checkbox"/> Kitchen - general cleaning	<input type="checkbox"/> Kitchen - general cleaning
<input type="checkbox"/> Kitchen - clean fridge	<input type="checkbox"/> Kitchen - clean stove top	<input type="checkbox"/> Kitchen - clean microwave	<input type="checkbox"/> Kitchen - clean oven
<input type="checkbox"/> Kitchen - upper cupboards	<input type="checkbox"/> Kitchen - lower cupboards	<input type="checkbox"/> Kitchen - walls & windows	<input type="checkbox"/> Kitchen - small appliances
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thursday	Thursday	Thursday	Thursday
<input type="checkbox"/> Living room	<input type="checkbox"/> Family room	<input type="checkbox"/> Laundry room	<input type="checkbox"/> Closets
<input type="checkbox"/> Hallway walls, front door	<input type="checkbox"/> Vacuum couches	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Dust	<input type="checkbox"/> Bookshelves	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friday	Friday	Friday	Friday
<input type="checkbox"/> Bathrooms	<input type="checkbox"/> Bathrooms	<input type="checkbox"/> Bathrooms	<input type="checkbox"/> Bathrooms
<input type="checkbox"/> Wipe walls and doors	<input type="checkbox"/> Master shower	<input type="checkbox"/> Clean toy shelves	<input type="checkbox"/> Garage
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saturday	Saturday	Saturday	Saturday
<input type="checkbox"/> Sweep porch	<input type="checkbox"/> Sweep porch	<input type="checkbox"/> Sweep porch	<input type="checkbox"/> Sweep porch
<input type="checkbox"/> Mop	<input type="checkbox"/> Mop	<input type="checkbox"/> Mop	<input type="checkbox"/> Mop
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Daily Reminders

- Exercise
- Sweep
- Laundry
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- Dishes
- Straighten up / Declutter
- Sort mail
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Monthly Reminders

- Balance checkbook
- Test smoke detectors
- Replace light bulbs
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- Check air filter
- Inventory, replenish pantry
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<http://www.vertex42.com/ExcelTemplates/House-cleaning-4-weekly-checklist.html>