

# MORNINGS

daily checklist

## Tasks Today

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Dinner: \_\_\_\_\_

## Goals by end of week

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Room Tackle Today:

- \_\_\_\_\_

## Every Morning:

(set a few minutes for each)

- Prayer
- Make the Bed
- Scriptures Journal
- Physical Activity
- Breakfast
- 1 Load of laundry

## Every Evening:

- Dishes done-counters cleaned
- Floors clean
- Quick de-clutter
- Plan tomorrow
- Prep food for tomorrow
- Prayer

## Three Blessings:

(different ones every day, get creative!)

- \_\_\_\_\_
- \_\_\_\_\_