

# Become a better you!

SUBJECT	TO-DO	DESCRIPTION	DUE DATE	ACCOMPLISHED
<b>Diet</b>	GOAL #1	sugar/treats only on one day a week	jan 2-mar 2	<input type="checkbox"/> HOORAY!
	GOAL #2	track calories daily	jan 2-jan 16	<input type="checkbox"/> YOU DID IT!
	GOAL #3	gym 5x per week	jan 2-mar 2	<input type="checkbox"/> AWESOME!
<b>Spending</b>	GOAL #1	set up a budget	jan 2	<input type="checkbox"/> WOOHOO!
	GOAL #2	No eating out until CHA	jan 2-jan 28	<input type="checkbox"/> WAY TO GO!
	GOAL #3	Pay bills	jan 2	<input type="checkbox"/> GOOD JOB!

