HERBALIFE MEASUREMENT CHART

		G	W 11	W 10	W 10	W 1:	W 15	W 17	W 15	W 10	W 10	W 110	m . 1
+ ()		Start	Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10	Total Loss
	Neck												
	Chest												
	337.1.4												
	Waist												
	R Upper												
	L Upper												
	R Fore												
	L Fore												
	Hips												
	L Wrist												
	R Wrist												
	L Thigh												
	R Thigh												
	L Knee												
	R Knee												
	L Calf												
	R Calf												
	L Ankle												
Name:	R Ankle												
Date started	TOTAL												
Herbalife:	Weight												