

Weekly Kitchen Cleaning Routine

1

GATHER YOUR MATERIALS

- Empty bag.
- Microfiber cloths.
- Cleaning spray.
- Bleach.
- Long-handled duster.
- Broom.
- Mop.
- Fresh trash bag.

2

PICK UP WHAT DOESN'T BELONG

- Put trash in trash can.
- Gather items that belong elsewhere, put in bag.

3

TACKLE THE SINK

- Empty the sink, load dishes in dishwasher.
- Scrub the sink with cleaner, rinse well.
- Buff spots off faucets.

4

WIPE THINGS DOWN WITH CLEANER

- Cupboard doors and handles.
- Drawer fronts and handles.
- Backsplash.
- Small appliances.
- Range hood and stove top.
- Oven floor.
- Appliance fronts.
- Light switches, door knobs, phone.

5

CLEAN THE MICROWAVE

- Heat cup of water to loosen grime.
- Wash the turntable, if any.
- Wipe all surfaces.

6

RUMMAGE THROUGH THE FRIDGE

- Toss out spoiled food.
- Wipe away spills and spots.
- Change drawer liners.

(Empty the trash can and put the trash can outside.)

7

CLEAN THE TRASH CAN

- Fill with hot water.
- Add cleaner, scrub and rinse.
- Let dry in sun.

8

CLEAN THE FLOOR

- Sweep.
- Mop.

9

FINISH UP

- Put trash bag in trash can, return to place.
- Set out fresh kitchen towel.