

Rich minced beef gravy, cooked with carrots and sweet peppers topped with cheesy mashed potato.

ONLY THE BEST INGREDIENTS: Cheesy Mashed Potato (47%), Water, Minced Beef (12%), Onion, Passata, Carrot (4%), Red Pepper (2%), Wheat Flour, Beef Stock, Worcester Sauce, Tomato Purée, Garlic Purée, Parmesan Cheese, Corn Flour, Thyme, Ground Bay, Rosemary. **Cheesy Mashed Potato contains:** Cooked Potato, Cooked Sweet Potato, Whole Milk, Mature Cheddar Cheese, Butter. **Beef Stock contains:** Wheat Flour, Beef Stock, Onion, Ground White Pepper. **Worcester Sauce contains:** Water, Distilled Spirit Vinegar, Molasses, Salt, Sugar, Tamarind Extract, Garlic Powder, Onion Powder, Spices.
ALLERGY ADVICE: WHEAT GLUTEN, MILK.

NUTRITIONAL:

| Typical values | | per 100g | per meal |
|------------------------|------|----------|----------|
| Energy | KJ | 345 | 690 |
| | kcal | 82 | 164 |
| Protein (g) | | 5.3 | 10.6 |
| Carbohydrate (g) | | 8.7 | 17.4 |
| of which sugars (g) | | 2.9 | 5.8 |
| Fat (g) | | 2.9 | 5.8 |
| of which saturates (g) | | 1.2 | 2.4 |
| Fibre (g) | | 1.6 | 3.2 |
| Salt Equivalent (g) | | 0.37 | 0.74 |
| Sodium (g) | | 0.15 | 0.30 |