LET'S GO GROCERY SHOPPING

WEEK OF: _____

- ☐ COUPONS
- ☐ REUSABLE BAGS
- ☐ SHOPPER'S CARD

☐ FRUITS / VEGETABLES / BULK

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ DELI / BAKERY / BREADS / CHEESE

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ BAKING / OILS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ CANNED / JARRED

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ PASTA / RICE / BOXED

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ CONDIMENTS / SPICES

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ KITCHEN SUPPLIES

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ MEAT / SEAFOOD

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ SNACKS / TREATS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ BEVERAGES

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ BREAKFAST / CEREALS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ FROZEN FOODS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ PETS / BABY CARE

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ DAIRY CASE / EGGS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ PAPER PRODUCTS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ LAUNDRY / CLEANING

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ HEALTH / BEAUTY

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

☐ MISC.

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

BUDGET: _____ SPENT: _____

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