

SU M TU W TH F SA

DAILY PEEK

top six:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

workout:



in the kitchen:

BREAKFAST: _____ OTHER: _____

LUNCH: _____

DINNER: _____

bless this home:

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to do:

bless this family:

jays today:

