

BE **STRONG** &  
**COURAGEOUS**

*Do not be afraid.  
Do not be discouraged.*  
FOR THE **LORD** YOUR GOD  
WILL BE WITH YOU  
*wherever you go.* JOSHUA 1:9

"The Lord  
is my helper;  
I will not be afraid."

Hebrews 13:6

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Scripture  
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Encouragement Notes

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THE LORD IS MY  
**STRENGTH**  
and MY SHIELD;  
*My heart trusts*  
in Him,  
& He helps me.  
*My heart*  
*leaps* for **JOY**  
& with my song  
I **PRAISE** HIM.  
Psalms 28:7

**TRUST**  
in the **Lord**  
with all your  
**HEART**

.....  
psalms 25

Let your light shine  
before others,  
that they may see  
your good deeds  
& glorify your  
**Father in**  
**heaven.**

Matthew 5:16