

{the plan}

my prayer for today:

weekly scripture:

quiet time thoughts:

five goals:

1. _____

2. _____

3. _____

4. _____

5. _____

household chores:

meals:

b: _____

l : _____

d: _____

date: _____

{the schedule}

| | |
|-------|--|
| 7:00 | |
| 7:30 | |
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| 7:00 | |

love:
