



# Grocery List

## Fruits

- Apples
- Pears
- Bananas
- Oranges
- Berries
- Grapes
- Melon
- Lemon/Lime
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- .....
- .....

## Vegetables

- Salad Greens
- Broccoli
- Carrots
- Cucumbers
- Garlic
- Lettuce
- Tomatoes
- Mushrooms
- Onions
- Peppers
- Potatoes
- Squash
- Zucchini
- .....
- .....

## Deli

- Cold Cuts
- Cheese
- Deli Salad
- Hot Dogs
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- .....
- .....

## Meat/Fish

- Beef
- Poultry
- Pork
- Fish
- Bacon
- Sausage
- .....
- .....
- .....

## Dairy

- Milk
- Butter
- Eggs
- Sour Cream
- Creamer
- Cream Cheese
- Yogurt
- .....
- .....
- .....

## Frozen food

- Meals
- Pizza
- Potatoes
- Vegetables
- Waffles
- Ice Cream
- .....
- .....
- .....

## Cereal

- Hot Cereal
- Cold Cereal
- .....
- .....
- .....

## Baking

- Sugar
- Flour
- Vanilla
- Pancake Mix
- .....
- .....
- .....

## Condiments

- Peanut Butter
- Jelly/Honey
- Ketchup
- Mustard
- Mayo
- Salsa
- .....
- .....
- .....

## Spices

- Salt
- Pepper
- Taco Seasoning
- .....
- .....
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## Canned Foods

- Beans
- Soup
- Broth
- Tomato Sauce
- Tuna Fish
- Fruit
- Vegetables
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## Pasta/Rice

- Spaghetti
- Macaroni
- Rice
- .....
- .....
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## Beverages

- Water
- Juice
- Soda
- Coffee
- Tea
- Beer/Wine
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- .....
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## Sauces/Oils

- BBQ Sauce
- Oil
- Vinegar
- Salad Dressing
- Soy Sauce
- Spaghetti Sauce
- Maple Syrup
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- .....
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## Paper/Wrap

- Toilet Paper
- Paper Towels
- Tissues
- Napkins
- Aluminum Foil
- Plastic Wrap
- Plastic Baggies
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## Pet Items

- Dog Food
- Cat Food
- Cat Litter
- .....
- .....
- .....

## Breads

- Sandwich
- Fresh Loaf
- Bagels
- Muffins
- Pitas
- Tortillas
- Buns
- Croutons
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## Snacks

- Hummus
- Cookies
- Chips
- Dip
- Crackers
- Candy
- Nuts
- Popcorn
- Raisins
- Snack Bars
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## Toiletries

- Soap
- Shampoo
- Conditioner
- Razors
- Shaving Cream
- Deodorant
- Lotion
- Toothpaste
- Floss
- Pain Reliever
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## Household

- Garbage Bags
- Laundry Soap
- Dryer Sheets
- Bleach
- Dish Soap
- Hand Soap
- Cleaner
- Glass Cleaner
- Sponges
- Batteries
- Light Bulbs
- Stamps
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## And also...

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...and don't forget to buy yourself some flowers