

CONDIMENTS

PRODUCE

CANNED FRUIT/VEGGIES

BAKING SUPPLIES/HERBS

SOUP/STOCK/TUNA

ETHNIC FOODS/DRY GRAINS

JUICE/COFFEE/TEA

SNACKS

CEREAL/BREAKFAST

HEALTH & BEAUTY

PAPER

CLEANING/LAUNDRY

PET/PLASTICS/FOIL

MEAT

BREAD

FROZEN

DAIRY

DELI

WEEKLY MENU	BREAKFAST	LUNCH	DINNER
SUNDAY			
MONDAY			
TUESDAY			
WEDNESDAY			
THURSDAY			
FRIDAY			
SATURDAY			