If our loved ones who have crossed over could send all of us a short message it would go something like this

I am Ok

I am always with you

Never feel guilty about moving forward

Live your life to the fullest

Ве Нарру

And most of all - I LOVE YOU

Always remember that the separation from our loved ones who have crossed over to heaven, the afterlife or the otherside, all the same place. is only a temporary thing.

When our own journey is completed we will be reunited again.

LOVE