

GROCERY LIST



Fruits

- apples
- avocados
- bananas
- berries
- cherries
- grapefruit
- grapes
- lemons
- limes
- melons
- oranges
- peaches
- pears

Vegetables

- artichokes
- broccoli
- cauliflower
- carrots
- celery
- corn
- cucumbers
- garlic
- lettuce
- mushrooms
- onions
- peppers
- potatoes
- squash
- tomatoes

Meat

- bacon
- beef
- chicken
- deli meat
- hot dogs
- pork

Seafood

- crab/lobster
- salmon
- shrimp

Bakery

- bagels
- bread
- buns
- cookies
- croissants
- dinner rolls
- muffins
- pita bread
- tortillas

Pasta & Rice

- couscous
- mac & cheese
- noodles
- rice
- lentils

Baking

- baking powder
- baking soda
- bread crumbs
- cake mix
- canned milk
- corn syrup
- cornmeal
- flour
- frosting
- muffin mix
- shortening
- granulated sugar
- powdered sugar
- yeast

Breakfast

- cereal
- oatmeal
- pancake mix

Dairy

- butter
- cheese
- cream
- cream cheese
- dip
- eggs
- milk
- sour cream
- whipped cream
- yogurt

Snacks

- candy
- cookies
- crackers
- dried fruit
- granola bars
- nuts
- popcorn
- chips
- pretzels
- pudding
- raisins

Cans & Jars

- applesauce
- beans
- broth/bullion
- canned fruit
- canned veggies
- chili
- jam/jelly
- olives
- pasta sauce
- peanut butter
- pickles
- soup
- tuna

Seasoning

- cinnamon
- Italian BLEND
- pepper
- sage
- salt
- rosemary
- lavender
- thyme
- oregano

Sauces, etc.

- bbq sauce
- ketchup
- cooking spray
- honey
- hot sauce
- lemon juice
- mayonnaise
- mustard
- oil
- relish
- salad dressing
- salsa
- soy sauce
- steak sauce
- vinegar

Frozen

- fruit
- ice cream
- pizza
- tv dinners
- vegetables
- waffles

Drinks

- beer
- coffee
- juice
- soft drinks
- tea
- wine

Personal Care

- cotton swabs
- dental floss
- deodorant
- facial tissue
- shampoo
- shaving cream
- soap
- toilet paper
- toothbrush
- toothpaste

Paper

- foil
- plates
- paper towels
- plastic wrap

Cleaning

- dish soap
- glass spray
- laundry soap

Other

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