

Nutrition

Word Search

U A I I E E V K Q T T A A P Y A L
 C S T I U R F N I E T O R P M M R
 S T N E I R T U N G R A I N S I E
 T R A S N I M A T I V C Y Y O N T
 F E A C T E K I I W J F R Q U E A
 A N F E L O R E T S E L O H C R W
 T G B Z O V E G E T A B L E S A C
 I T B C S M P M Y O L K A I P L A
 P H P T I I U R E B I F T W O S L
 Y C N E I C I F E D S O D I U M O
 N O I T S E G I D A I R Y H O F R
 P F A S U P M U I C L A C I P S I
 N A R N L S N U T R I T I O N T E
 Z B W C T N E E Q E J M S J P N S

Nutrition
 Fiber
 Vegetables
 Energy

Nutrients
 Sodium
 Calcium
 Fruits

Minerals
 Vitamins
 Cholesterol
 Protein

