

this week i will...

MONDAY

before work:

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after work:

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TUESDAY

before work:

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after work:

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WEDNESDAY

before work:

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after work:

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THURSDAY

before work:

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after work:

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FRIDAY

before work:

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after work:

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SATURDAY & SUNDAY

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to call:

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to email:

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to buy:

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to remember:

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