

# BON VOYAGE

|                     |               |               |              |             |  |                                   |
|---------------------|---------------|---------------|--------------|-------------|--|-----------------------------------|
| <b>DESTINATION</b>  | <b>DEPART</b> | <b>DAY</b>    | <b>MONTH</b> | <b>DATE</b> | <b>TIME</b>  | <b>AIRLINE &amp; FLIGHT No.</b>   |
|                     |               | S M T W T F S |              |             | :<br>: <input type="checkbox"/> AM <input type="checkbox"/> PM | <input type="checkbox"/> CAR TRIP |
| <b>TYPE OF TRIP</b> | <b>RETURN</b> | <b>DAY</b>    | <b>MONTH</b> | <b>DATE</b> | <b>TIME</b>  | <b>AIRLINE &amp; FLIGHT No.</b>   |
|                     |               | S M T W T F S |              |             | :<br>: <input type="checkbox"/> AM <input type="checkbox"/> PM | <input type="checkbox"/> CAR TRIP |

|                                 |  |  |
|---------------------------------|--|--|
| <b>WAY IN ADVANCE</b>           | Get vacation days approved at work   | Review vaccination needs                     |
|                                 | Research destination   | Update will                                  |
|                                 | Plan itinerary   | Check status of homeowner's insurance        |
|                                 | Make reservations  | Arrange for child care                       |
|                                 | Renew passport and/or driver's license   | Purchase travel accessories                  |
|                                 | Obtain visas   | Buy lots of new clothes                      |
|                                 | Arrange for medical checkup<br>Arrange for dental checkup                      |  |
| <b>2 WEEKS BEFORE</b>           | Arrange for pet care   | Arrange for haircut and/or color             |
|                                 | Arrange for garden care  | Fill prescriptions                           |
|                                 | Arrange for house care   | Break in new shoes                           |
| <b>1 WEEK BEFORE</b>            | Have car serviced (for road trips)   |  |
|                                 | Stop mail or arrange for pickup  | Alert credit cards of travel plans           |
|                                 | Do dry cleaning  | Do laundry                                   |
|                                 | Stop newspaper & other delivery services                                       | Photocopy documents, ID, & credit cards      |
|                                 | Practice packing   | Get travelers checks and/or foreign currency |
|                                 | Inform neighbors   | Make a packing list                          |
|                                 | Orient sitters/caretakers  | Go on a "sample size" shopping spree         |
| <b>1 DAY BEFORE</b>             | Pay bills  |  |
|                                 | Balance checkbook  |  |
|                                 | Prepare timer for lights & radio   | Set DVR/VCR                                  |
|                                 | Set sprinkler timer  | Return movies                                |
|                                 | Charge rechargeables   | Pack   |
|                                 | Clean house  | Take sleeping pill                           |
|                                 | Confirm reservations<br>Check destination weather<br>Notify home-alarm company |  |
| <b>DAY OF DEPARTURE</b>         | Freak out from stress  | Remove perishables from fridge               |
|                                 | Change outgoing phone message  | Do dishes                                    |
|                                 | Forward e-mail or set up auto-response   | Run garbage disposal                         |
|                                 | Update contact info on luggage/bags  | Take out trash                               |
|                                 | Water plants   |  |
| <b>ON YOUR WAY OUT THE DOOR</b> | Retrieve hidden keys   |  |
|                                 | Adjust thermostat  | Set home alarm                               |
|                                 | Park car in driveway/garage  | Lock door(s)                                 |
|                                 | Shut windows   | Move trashcans to curb                       |
|                                 | Draw blinds & curtains   | Close garage door                            |
|                                 | Unplug power-surge-sensitive appliances  | Sedate children                              |
|                                 | Make sure oven & iron are off<br>Set timers                                    |  |

\*STRESS BEFORE YOU TRAVEL TO AVOID STRESS WHILE YOU TRAVEL\*