



Su M Tu W Th F Sa

(Your baby's name)

(Date)

Daily Feeding & Diaper Log

Feedings



Time	Amount	Duration	Notes	Cheat Sheet
:	oz.	min.		<p>0-3 months</p> <ul style="list-style-type: none"> Expect 6 - 8 wet diapers with 2 - 4 stools. (Although some newborns might poop 6 times a day, the general guideline is at least 2 - 4 a day.) <p>3-5 months</p> <ul style="list-style-type: none"> Expect 5 - 6 wet diapers. While some babies will still poop 4 (or more) times a day, some might space it out to once a day, even skipping a day here or there. <p>6-12 months</p> <ul style="list-style-type: none"> Still 5 - 6 wet diapers. Some babies will pass bowel movements multiple times a day, while other babies might go once every 3 days. <p>12-18 months</p> <ul style="list-style-type: none"> You might notice dry periods of 2 - 3 hours in between diaper changings. Continue to make sure he or she has 4 - 5 wet diapers and passes a bowel movement at least every 3 days. <p>18-24 months</p> <ul style="list-style-type: none"> Start looking for signs that your baby is ready to take the big potty plunge. You may want to switch to potty training pants, cloth diapers or underwear so kids can better feel when they're wet.
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
:	oz.	min.		
	Total:			
	oz.			



Diapers

Simply check a box (or six) after each diaper change

Wet

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Poop

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Notes:
