

## SOAP Notes

Client \_\_\_\_\_

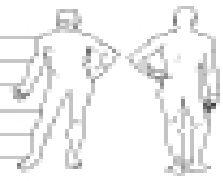
**S** (Subjective) Information on client symptoms given by either the client or the referring healthcare provider.

**O** (Objective) Derived from a client interview, health history, visual exam, range-of-motion testing, posture assessment, or palpation results.

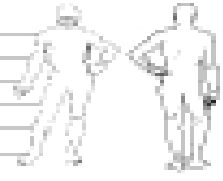
**A** (Assessment/Application) What kinds of treatment were used? What changes took place as a result of the treatment?

**P** (Plan of Treatment/Progress) Under the auspices of medical massage, this category would include the treatment options given you by the referring physician.

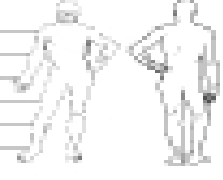
Date of Session \_\_\_\_\_ Time of Session \_\_\_\_\_ Length of Session \_\_\_\_\_

S \_\_\_\_\_  
O \_\_\_\_\_  
\_\_\_\_\_   
A \_\_\_\_\_  
P \_\_\_\_\_

Date of Session \_\_\_\_\_ Time of Session \_\_\_\_\_ Length of Session \_\_\_\_\_

S \_\_\_\_\_  
O \_\_\_\_\_  
\_\_\_\_\_   
A \_\_\_\_\_  
P \_\_\_\_\_

Date of Session \_\_\_\_\_ Time of Session \_\_\_\_\_ Length of Session \_\_\_\_\_

S \_\_\_\_\_  
O \_\_\_\_\_  
\_\_\_\_\_   
A \_\_\_\_\_  
P \_\_\_\_\_

### Symbols Key:

Pain = \*    Left = L    Right = R    Inflammation = I    Increased, elevated = ↑  
Decreased, depressed = ↓    Greater release = >    Cross-friction = XFF    Range of Motion = ROM