

GOAL SETTING WORKSHEET

Long-Term Life Goal (what do you want to be known for?)

GOAL	WHY	Jan-Mar	Apr-June	July-Sept	Oct-Dec
Health- Weight/ Fitness					
Home- Organization/ workspace					
Family- Spouse/ Kids/ others					
Writing- Creating					
Producing- Recording/ Publishing					
Speaking- concerts/ presentations					
Marketing- Print/ eMail/ Phone					
Networking- Events/ Groups					
Entertainment- Time off/ travel Friends					
Video -or other- expand business & platform					
Net Worth- Goal for year Debt payment					