

DIABETIC FOOD LIST



Fish, Chese, Salad

Water, Green Juice

Fresh Fruits

Low Carb Cakes

Sugar Free Ice-Cream

Real Meat

Vegetable Pasta

Burgers without bread

Red Wine, Spirits



Snack, Fried Food

Soda, Fruit Juice

Bread, Bakery Products

Sweets & Cakes

Ice-Cream

Processed Meat

Pasta With Meat

Burgers & Fries

Beer & Cocktails

