

# A BOOK LOVER'S

READING JOURNAL

TITLE: Daring Greatly

AUTHOR: Brené Brown

GENRE: Self-help

RECOMMENDED BY: Watched her TED talk

DATE STARTED: 7-2-13

DATE FINISHED:

RATING: ★★★★★

WRITE LOVE NOTE TO AUTHOR?  
 YES  NO

AUTHOR'S TWITTER/EMAIL:  
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## READING LIST

Making ideas happen

City of Ashes

The Art of Possibility

## EPIPHANIES + QUOTES

PG 87 / we're expected to be perfect. "Effortless" "She's a natural." Not allowed to look as if we're working hard.

PG      / Instead of "Be brave." change to "Be vulnerable."

PG      / Live with purpose, courage and connection.

PG      / Let people see the real me, in a unique way.

PG      /