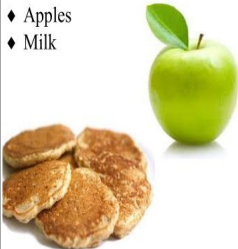



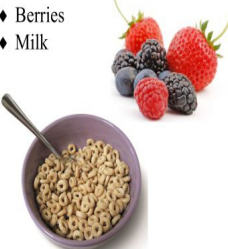






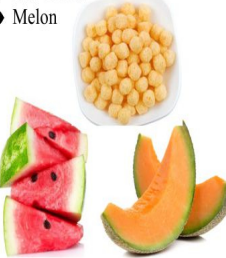





# Preschool Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u> ♦ Pancakes ♦ Apples ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Breakfast</u> ♦ WW Cinnamon Toast ♦ Peaches ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Breakfast</u> ♦ Oatmeal ♦ Bananas ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Breakfast</u> ♦ Cream of Wheat ♦ Oranges/raisins ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Breakfast</u> ♦ Cheerios ♦ Berries ♦ Milk  *Or Seasonal Fruit/Veggie
<u>Lunch</u> Egg Salad Sandwich ♦ Egg Salad ♦ WW Bread ♦ Vegetable Soup ♦ Pears ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Lunch</u> Turkey Chili ♦ Turkey, Beans & Cheese ♦ Oranges ♦ Broccoli ♦ Cornbread ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Lunch</u> ♦ Parmesan Chicken ♦ Sweet Potatoes ♦ Baked Apple Slices ♦ Biscuits ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Lunch</u> Burritos ♦ Refried Beans - Cheese ♦ WW Tortilla ♦ Lettuce & Tomato ♦ Peaches ♦ Milk  *Or Seasonal Fruit/Veggie	<u>Lunch</u> Pasta & Ground Beef ♦ WW Pasta ♦ Beef w/ Tomato Sauce ♦ Carrot coins ♦ Pineapple ♦ Milk  *Or Seasonal Fruit/Veggie
<u>PM Snack</u> Quesadilla ♦ Corn Tortilla ♦ Cheese  *Or Seasonal Fruit/Veggie	<u>PM Snack</u> ♦ Kix Cereal ♦ Melon  *Or Seasonal Fruit/Veggie	<u>PM Snack</u> ♦ String Cheese ♦ Assorted Veggies  *Or Seasonal Fruit/Veggie	<u>PM Snack</u> Tuna Sandwich Squares ♦ Tuna ♦ WW Bread  *Or Seasonal Fruit/Veggie	<u>PM Snack</u> ♦ Cottage Cheese ♦ Apples & Cinnamon  *Or Seasonal Fruit/Veggie