## **Weekly Diabetes Record**

Date:	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Blood Sugar									
Insulin Dose									
Grams Carb		1		1				70 00 00	
Phy. Activity									
	D1-f1	Constal	Londo	0	D:	C -	D - 46	T NE-ba	Mata
Date: Blood Sugar	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Insulin Dose		+ +				+ +		+	
Grams Carb		+ +				+ +		+	
Phy. Activity		+ +		+ +		+ +		+	
Filip. Activity									
Date:	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Blood Sugar				_				-	
Insulin Dose		-							
Grams Carb									
Phys. Activity									
Date:	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Blood Sugar									
Insulin Dose									
Grams Carb									
Phy. Activity									
Date:	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Blood Sugar	Dicariast	Ondok	Lunon	Orlack	Dilliloi	Ondek	Dedunie	reight	140103
Insulin Dose									
Grams Carb						1 1		+	
Phy. Activity		+ +				+ +		1	
			000					Take at I	20.7
Date: Blood Sugar	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Insulin Dose		+ +				+ +		+	
Grams Carb		+ +		+ +		+ +		+ -	
Phy. Activity								1	
i iiş. Activity									
Date:	Breakfast	Snack	Lunch	Snack	Dinner	Snack	Bedtime	Night	Notes
Blood Sugar								-	
Insulin Dose								4	
Grams Carb									
Phy. Activity									