

The Ultimate ^{Editable} Grocery List! {Compliments of grocerylists.org}

❖ FOODSTUFFS ❖

Vegetables

- Asparagus
- Broccoli
- Carrots
- Cauliflower
- Celery
- Corn
- Cucumbers
- Lettuce/Greens
- Mushrooms
- Onions
- Peppers
- Potatoes
- Spinach
- Squash
- Tomatoes
- Zucchini
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Fruits

- Apples
- Avocados
- Bananas
- Berries
- Cherries
- Grapefruit
- Grapes
- Kiwis
- Lemons / Limes
- Melon
- Nectarines
- Oranges
- Peaches
- Pears
- Plums
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Refrigerated

- Bagels
- English muffins
- Chip dip
- Eggs / Fake eggs
- Fruit juice
- Ready-bake breads
- Tofu

Condiments

- BBQ sauce
- Gravy
- Honey
- Hot sauce
- Jam / Jelly / Preserves
- Ketchup / Mustard
- Mayonnaise
- Pasta sauce
- Relish
- Salad dressing
- Salsa
- Soy sauce
- Steak sauce
- Syrup
- Worcestershire sauce
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Var. groceries

- Bouillion cubes
- Cereal
- Coffee / Filters
- Instant potatoes
- Lemon / Lime juice
- Mac & cheese
- Olive oil
- Packaged meals
- Pancake / Waffle mix
- Pasta
- Peanut butter
- Pickles
- Rice
- Tea
- Vegetable oil
- Vinegar
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Canned foods

- Applesauce
- Baked beans
- Broth
- Fruit
- Olives
- Tinned meats
- Tuna / Chicken
- Soup / Chili
- Tomatoes
- Veggies

Dairy

- Butter / Margarine
- Half & half
- Heavy cream
- Half & half
- Sour cream
- Whipped cream
- Yogurt
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Cheese

- Bleu cheese
- Cheddar
- Cottage cheese
- Cream cheese
- Feta
- Goat cheese
- Mozzarella
- Parmesan
- Provolone
- Ricotta
- Sandwich slices
- Swiss
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Meat

- Bacon / Sausage
- Beef
- Chicken
- Ground beef / turkey
- Ham / Pork
- Hot dogs
- Luncheon
- Turkey
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Seafood

- Catfish
- Crab
- Lobster
- Mussels
- Oysters
- Salmon
- Shrimp
- Tilapia
- Tuna

Baked goods

- Bagels / Croissants
- Buns / Rolls
- Cake / Cookies
- Donuts / Pastries
- Fresh bread
- Pie! Pie! Pie!
- Pita bread
- Sliced bread
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Baking

- Baking powder / soda
- Bread crumbs
- Cake / Brownie mix
- Cake icing/decorations
- Choc. chips / Cocoa
- Flour
- Shortening
- Sugar
- Sugar substitute
- Yeast
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Snacks

- Candy / Gum
- Cookies
- Crackers
- Dried fruit
- Granola bars / mix
- Nuts / Seeds
- Oatmeal
- Popcorn
- Potato / Corn chips
- Pretzels
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Themed meals

- Burger night
- Chili night
- Pizza night
- Spaghetti night
- Taco night
- Take-out deli food
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❖ HOUSEHOLD ❖

Personal care

- Antiperspirant / Deod.
- Bath soap / Hand soap
- Condoms / Protection
- Cosmetics
- Cotton swabs / ball
- Facial cleanser
- Facial tissue
- Feminine products
- Floss
- Hair gel / spray
- Lip balm
- Moisturing lotion
- Mouthwash
- Razors / Shave cream
- Shampoo / Cond.
- Sunblock
- Toilet paper
- Toothpaste
- Vitamins/Supplements
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Medicine

- Allergy
- Antibiotic
- Antidiarrheal
- Aspirin
- Antacid
- Band-aids / Medical
- Cold / Flu / Sinus
- Pain reliever
- Prescription pick-up
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Kitchen

- Aluminum foil
- Napkins
- Non-stick spray
- Paper towels
- Plastic wrap
- Sandwich bags
- Wax paper
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Cleaning stuff

- Air freshener
- Bathroom cleaner
- Bleach / Detergent
- Dish / Washer soap
- Garbage bags
- Glass cleaner
- Mop head / Vac. bags
- Sponges / Scrubbers
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Office supplies

- CDs / DVDs
- Notepad / Envelopes
- Glue / Tape
- Printer paper
- Pens / Pencils
- Postage stamps
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Carcinogens

- Arsenic
- Asbestos
- Cigarettes
- Radionuclides
- Vinyl chloride

Other stuff

- Automotive
- Batteries
- Charcoal / Propane
- Flowers / Card
- Insect repellent
- Light bulbs
- Newspaper / Magazine
- Random Impulse Buy
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Etc.

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