

*"No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it."*

*(Hebrews 12:11, NIV)*

*"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock."*

*(Matthew 7: 24-25)*

*"So I say, live by the Spirit, and you will not gratify the desires of the sinful nature."*

*(Galatians 5:16, NIV)*

*"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is the good, and acceptable, and perfect, will of God."*

*(Romans 12:2, KJV)*

*"A double minded man is unstable in all his ways."*

*(James 1:8, NIV)*

*"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."*

*(Matthew 6:34, NIV)*