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FREE PRINTABLE GROCERY LIST

Grocery Checklist

Fruit
- Apples
- Oranges
- Pears
- Bananas
- Grapefruit
- Kiwi
- Grapes
- Strawberries
- Raspberries
- Blueberries
- Lemons
- Limes

Other

Vegetables
- Lettuce
- Spinach
- Cucumber
- Tomatoes
- Bell Peppers
- Carrots
- Celery
- Avocado
- Green beans
- Broccoli
- Cauliflower
- Squash
- Mushrooms
- Corn
- Potatoes
- Onions
- Garlic
- Shallots
- Herbs

Other

Dairy
- Milk
- Creamer
- Cream Cheese
- Yogurt
- Sour Cream
- Cheese
- Eggs
- Butter

Other

Deli
Meat

Cheese

Dips

Other

Bakery
- Bread
- Buns
- Bagels
- Pita Bread
- Tortillas
- English Muffins
- Muffins
- Cookies

Other

Meat
- Chicken
- Steak
- Ground Beef
- Ground Turkey
- Pork
- Sausage
- Bacon
- Fish
- Shrimp

Other

Frozen Food
Veggies

Fruit

- Chicken Strips
- Fish Sticks
- Pizza
- Ice Cream

Other

Snacks
- Trail Mix
- Fruit Leather
- Raisins
- Granola Bars
- Popcorn
- Crackers
- Cookies
- Chips
- Salsa

Other

Baking
- Flour
- Sugar
- Powdered Sugar
- Brown Sugar
- Salt
- Corn Meal
- Corn Starch
- Baking Soda
- Baking Powder
- Cocoa
- Shortening
- Yeast

Extracts

Other

Spices/Condiments
- Salt
- Pepper

Herbs

Spices

- Pesto
- Olive Oil
- Vegetable Oil
- Coconut Oil
- Vinegar
- Mayonnaise
- Ketchup
- Mustard

Dressings

- Pickles
- Jam
- Peanut Butter
- Honey
- Agave
- Syrup
- Soy Sauce
- Teriyaki Sauce

Other

Drinks
- Juice Boxes
- Juice

Soda

Canned/Dry Items
- Olives

Beans

- Rice

Pasta

- Canned Tomatoes
- Tomato Paste
- Tuna
- Soup
- Broth
- Coconut Milk
- Tea
- Coffee Filters
- Coffee
- Cereal
- Oatmeal

Supplies
- Baggies
- Dish Detergent
- Laundry Detergent
- Plastic Wrap
- Foil
- Paper Towels
- Tissues
- Toilet Paper
- Wet Wipes

Other

Kids
- Diapers
- Wipes
- Formula
- Diaper Cream
- Baby Wash

Other

Toiletries
- Shampoo
- Conditioner
- Body Wash/Soap
- Lotion
- Hand Soap
- Deodorant
- Toothpaste
- Toothbrushes
- Mouth Wash
- Razors
- Feminine Products
- Band-Aids
- Vitamins

Other

Other