

Grocery List

Bread/Grains

- bread
- bagels
- pasta
- tortillas
- cereals

Breakfast

- cereal
- oatmeal
- baking mix

Meat

- bacon
- chicken
- fish
- ground beef
- hot dogs
- sausage

Drinks

- coffee
- tea
- juice
- milk
- water

Dairy

- butter
- cheese
- eggs
- sour cream
- yogurt

Snacks

- chips
- cookies
- candy
- nuts/seeds

Frozen

- meat
- pizza
- TV dinners
- ice cream
- waffles
- vegetables

Cans/Jars

- fruit/vegetables
- jam/jelly
- peanut butter
- soup
- chili

Condiments

- ketchup
- mayonnaise
- mustard
- oil
- salad dressing
- spices

Fruits/Veggies

- apples
- avocados
- bananas
- berries
- beans
- broccoli
- cauliflower
- celery
- cucumber
- garlic
- grapefruit
- grapes
- kiwi
- lettuce
- mushrooms
- onions
- oranges
- peaches
- peas
- spinach
- sprouts
- squash
- tomato

Miscellaneous

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Grocery List

Bread/Grains

- bread
- bagels
- pasta
- tortillas
- cereals

Breakfast

- cereal
- oatmeal
- baking mix

Meat

- bacon
- chicken
- fish
- ground beef
- hot dogs
- sausage

Drinks

- coffee
- tea
- juice
- milk
- water

Dairy

- butter
- cheese
- eggs
- sour cream
- yogurt

Snacks

- chips
- cookies
- candy
- nuts/seeds

Frozen

- meat
- pizza
- TV dinners
- ice cream
- waffles
- vegetables

Cans/Jars

- fruit/vegetables
- jam/jelly
- peanut butter
- soup
- chili

Condiments

- ketchup
- mayonnaise
- mustard
- oil
- salad dressing
- spices

Fruits/Veggies

- apples
- avocados
- bananas
- berries
- beans
- broccoli
- cauliflower
- celery
- cucumber
- garlic
- grapefruit
- grapes
- kiwi
- lettuce
- mushrooms
- onions
- oranges
- peaches
- peas
- spinach
- sprouts
- squash
- tomato

Miscellaneous

- _____
- _____
- _____
- _____
- _____
- _____
- _____