

# Busy Mom's Helper

## Weekly Tasks

Morning

Afternoon

Evening

M  
Social media  
chores  
pay bills

Dentist @ 2:10  
emails

Meal plan  
Put away laundry

T  
Social media  
gym  
chores

School Paperwork  
dinner prep  
emails

Date Night!

W  
Social media  
blog posts  
chores

Pay bills  
emails  
shopping

social media

log  
li phone