MONDAY			FRIDAY		
BREAKFAST	LUNCH	DINNER	BREAKFAST	LUNCH	DINNER
IESDAY BREAKFAST	LUNCH	DINNER	SATURDAY BREAKFAST	LUNCH	DINNER
DNESDAY		Aussa	SUNDAY	LUNGU	BUNGER
BREAKFAST	LUNCH	DINNER	BREAKFAST	LUNCH	DINNER
URSDAY BREAKFAST	LUNCH	DINNER	PURCHASE		
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