

Candy Cane Bath Salts in a Jar Kit

Candy Cane Bath Salts



12 tall jelly canning jars (12 ounce) with lid and rings
2 cartons of Epsom Salts (4 pounds)
4 pounds sea salt or kosher salt (approximately 6 cups)
1/2 teaspoon glycerin, divided
12 drops peppermint essential oil
12 drops red food color

Empty one carton Epsom Salts into large mixing bowl. Add 2 cups sea salt, stir well. Stir in 1/4 teaspoon glycerin and 6 drops essential oil. Mix well.

In a second large mixing bowl, empty one carton Epsom Salts, add 3 cups sea salt, stir well. Add 1/4 teaspoon glycerin, 6 drops essential oil, and food color. Stir until completely blended. Color should be even.

Holding jars at an angle, layer salts in jars, alternating colors. Seal jars and add gift tags.

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Use 2-3 tablespoons for a refreshing bath



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Suzie Q's