

No	Name	DOB / /			KEY TEST DONE CIRCLE OR TICK			
DATE	WORKING DIAGNOSIS	SAME DIAG. ()	MILD MODERATE SEVERE	FLAGS	MUSCLE WEAKNESS, BLADDER/BOWEL GROIN NUMBNESS, SENSATION CHANGE			
SUBJECTIVE COMPLAINT(S): AREAS: - NECK / DORSAL / LB / PELVIC / MAINT / OTHER -: WORSE, SAME, EASIER, ALOT EASIER, VERY GOOD. (10 = SEVERE, 1 = MILD) 0 1 2 3 4 5 6 7 8 9 10 N/A PAIN FREQUENCY TRACE ≤ 10% OF DAY ≤ 20 ≤ 30 ≤ 40 ≤ 50 ≤ 60 ≤ 70 ≤ 80 ≤ 90 ≤ 100% ZERO PERCENTAGE PROBLEM IMPROVED WITH TREATMENT: 0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100% N/A OBJECTIVE FINDINGS: MOVEMENT/ LOCOMOTION: NORM, GUARDED, ABNOR, RESTRICTED, OTHER: PALPATION /OBSERVATION: TENDERNESS, M.SPASM, NUMBNESS, SWELLING, FIXATION, HYPERMOBILITY, ATROPHY. OK ASSESSMENT / TESTS / RX: SLR (L)(R), SLUMP (L)(R), TOE EXTENSORS (L)(R), S1 REFLEX (L)(R).					FIXATIONS Occ C1 C2 C3 C4 C5 C6 C7 T1 T2 T3 T4 T5 T6 T7 T8 T9 T10 T11 T12 L1 L2 L3 L4 L5 Sac Coc			
S/T THERAPY - () MASSAGER - () FASCIAL RELEASE - () INTERFERENTIAL - () ULTRASOUND () MOBILISATION - ()								
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