

LIFE ASSESSMENT WORKSHEET

Lifestyle

- What do I like?
- What do I dislike?

Work

- What do I like?
- What do I dislike?

Education

- What do I like?
- What do I dislike?

Finances

- What do I like?
- What do I dislike?

Health

- What do I like?
- What do I dislike?

Family

- What do I like?
- What do I dislike?

Relationships

- What do I like?
- What do I dislike?