

# WEIGHT WATCHERS

## ITEM POINTS

### Bowls

Chicken Bowl	
Chicken/Veggie Bowl	
Beef Bowl	
Beef/Veggie Bowl	
Half/Half Bowl	
Works Bowl	

### White Meat/Brown Rice

Chicken Bowl	
Chicken/Veggie Bowl	
Beef Bowl	
Beef/Veggie Bowl	
Half/Half Bowl	
Works Bowl	

### Mini Bowls

Mini chicken Bowl	
Mini Beef Bowl	
Mini Half/Half Bowl	

### Plates

Chicken Plate	
Beef Plate	
Chicken/Beef Plate	
Rib Plate	
Works Plate	

## POINTS PLUS

## ITEM POINTS

### Bowls

Chicken Bowl	
Chicken/Veggie Bowl	
Beef Bowl	
Beef/Veggie Bowl	
Half/Half Bowl	
Works Bowl	

### Mini Bowls

Mini Chicken Bowl	
Mini Beef Bowl	
Mini Half/Half Bowl	

### Plates

Chicken Plate	
Beef Plate	
Chicken/Beef Plate	
Rib Plate	
Works Plate	