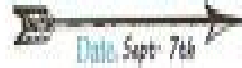


# Go with the Flow

What time do you  
start your day?  
Do you do it the same way?  
- Angela Phillips



Date Sept 7th

## Today's Agenda

## To-Do Today

9:00 Breakfast	Get Milk <input checked="" type="checkbox"/>
10:00 Return E-mails	Call Plumber <input type="checkbox"/>
10:30 Return Calls	Defrost Dinner <input type="checkbox"/>
12:30 Clean House	<input type="checkbox"/>
1:15 Lunch	<input type="checkbox"/>
2:00 Meet w/Bob	<input type="checkbox"/>
3:00 Gym	<input type="checkbox"/>
4:00 Market	<input type="checkbox"/>
5:30 Pick up Kids	<input type="checkbox"/>
6:00 Family Time	<input type="checkbox"/>
7:00 Walk Dogs	<input type="checkbox"/>
8:00 Dinner	<input type="checkbox"/>
9:00 Family Time	<input type="checkbox"/>
10:30 Bed	<input type="checkbox"/>