

Hygiene Chart

Keeping Clean

write name above



	Brush My Teeth		Brush My Hair	Wash My Hands	Wash My Face	Shower or Bath
	Morning	Nite				
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

If I do everything on my "Keeping Clean" list, I can choose from the Mommy and Daddy Reward list below.

	My choice [Write in]	Gave Me a Hug!	Take me out for Breakfast, Lunch or Dinner	Played or Read to Me for 30 minutes
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

