



# School of Medicine

## Printable Activities & Party Ideas

momendeavors.com



**Instructions for Paper Doll**  
 1. Print out pages 1 and 2 on heavy paper to help characters stand. Use regular paper to print out pages 3-5.  
 2. Cut\* out all images along the blue dotted line.  
 3. Cut\* out on the character cuts wherever there is a white dotted line.  
 4. Fold the character stands in half along the dotted line. Then slip folded piece through the slit on character cutouts.  
 5. Help Doc get dressed by folding paper-doll tabs over Doc's shirt.  
 6. For the accessories use a glue stick to adhere and position in place.  
\*Note: Cutting is recommended for ages 6 and up.

|                           | Sun.                     | Mon.                     | Tue.                     | Wed.                     | Th.                      |
|---------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Wash your hands           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Brush your teeth          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Get lots of rest          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Move your body            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Eat fruits and vegetables | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Drink lots of water       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

