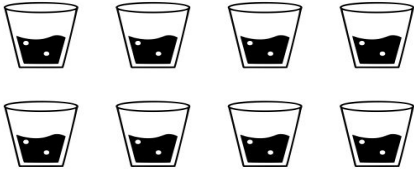


FOOD DIARY

DATE: _____

DAY: _____

BREAKFAST:	WORKOUTS
CALORIES:	
LUNCH:	STEP COUNT:
CALORIES:	CALORIES BURN:
DINNER:	WATER
	
CALORIES:	NOTES
SNACK:	
CALORIES:	