

July 2009

Turtle Rock Preschool's Lunch Menu

Cost of Meals: \$3.50 each

* subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
Week 1			Mini Bagels W/ Cream Cheese Cucumbers Fresh Fruit Milk	Cheese Ravioli W/ Marinara Sauce Green Beans Fresh Fruit Milk	No School; In Observance for Independence Day 
	6	7	New! New! New! 8	9	10
Week 2	Tuna Sandwich on Wheat Bread Carrot & Raisin Salad Fruit Cocktail Milk	Cheese Quesadilla on Wheat Tortilla Salad W/ Ranch Dressing Mandarin Oranges Milk	Diced Chicken Teriyaki Steamed White Rice Peas Bananas Milk	Turkey & Cheese Sandwich on Dinner Roll Carrot Sticks W/ Ranch Grapes Milk	English Muffin Pizza Crushed Pineapple Milk
	13	14	15	16	Kid's Night Out! 17
Week 3	Pasta Salad W/ Mixed Vegetables Crackers Sliced Peaches Milk	Fish Sticks Mashed Potatoes Diced Pears Milk	Turkey Franks W/ Bun Salad W/ Ranch Dressing Fresh Fruit Milk	Egg Salad Sandwich on Wheat Bread Peas Fresh Fruit Milk	Pineapple Cheese Pizza on Wheat Crust Mixed Vegetables Fresh Fruit Milk Please pay \$3.00 to Classroom (Rooms 9 & 10) 
	20	21	22	23	24
Week 4	Soy Peanut Butter & Jam Sandwiches Sticks W/ Ranch Dressing Fresh Fruit Milk	Grilled Cheese Sandwich on Wheat Bread Steamed Carrots Mandarin Oranges Milk	Bean & Cheese Burrito Veggie Sticks W/ Ranch Fresh Fruit Milk	Spaghetti W/ Marinara Sauce Apples Milk	Olive Cheese Pizza Salad W/ Ranch Dressing Fresh Fruit Milk Please pay \$3.00 to Classroom (Rooms 3, 4, 5, 7, & 8) 
	27	New Item! 28	29	30	31
Week 5	Turkey & Cheese Pita (Whole Wheat Pita) Celery Sticks W/ Ranch Fresh Fruit Milk	Blush Sauce Pasta W/ Large Elbow Noodles Steamed & Diced Yams Fruit Cocktail Milk	Tuna Salad Sandwich Broccoli Florets W/ Ranch Fresh Fruit Milk	Chicken Drummets Mashed Potatoes Fresh Fruit Milk	Miss Edith's Chef Surprise 

*** Please circle which days you would like to have.

Child's Name: _____ Room #: _____ Total: \$ _____

OFFICE USE

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