

Business Plan For: _____

'By Whom?' _____

Ultimate Outcome? (What must be achieved?) _____

Motivation? (Why is this important?) _____

High Impact Activities to Achieve Ultimate Outcome

	'Of What?'	'How Much?'	'By When?'
1.			
2.			
3.			
4.			
5.			
6.			
7.			

	Barriers?	Solutions to Barriers?	Comments/Notes?
1.			
2.			
3.			
4.			
5.			

5-Day Planner (M.A.P.) / Schedule of High Impact Activities?

Monday		Activity 1	Activity 2
Tuesday		Activity 1	Activity 2
Wednesday		Activity 1	Activity 2
Thursday		Activity 1	Activity 2
Friday		Activity 1	Activity 2