

# the Confident mom™

December 30, 2012 - January 7, 2013



## JANUARY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### Sunday 30th • Dinner \_\_\_\_\_

(NEW YEAR'S DAY)

- Quiet Time (Gen 1-2; Matt 1)
- Change hand towels in bathrooms
- Plan weekly menu/shopping list
- Cut/file coupons—discard expired
- Review weekly family calendar
- \_\_\_\_\_
- \_\_\_\_\_

### Friday 4th • Dinner \_\_\_\_\_

- Quiet Time (Gen 16-17; Matt 5:27-48)
- Clean microwave—inside & out
- Clean dishwasher door
- Clean freezer compartment—discard expired food
- Mop kitchen floor
- Empty all trash cans (bath, bedrooms)
- \_\_\_\_\_
- \_\_\_\_\_

### Monday 31st • Dinner \_\_\_\_\_

- Quiet Time (Gen 4-6; Matt 2)
- Clean toilets/stock toilet paper
- Change kids' sheets
- Replace toothbrush heads/toothbrushes
- Dust main/public areas
- Vacuum main/public areas
- \_\_\_\_\_
- \_\_\_\_\_

### Saturday 5th • Dinner \_\_\_\_\_

- Quiet Time (Gen 18-19; Matt 6:1-18)
- Water indoor plants
- Clip children's nails
- Kids straighten bedrooms
- Straighten car #1 interior (trash, vacuum)
- Change hand towels in bathroom
- \_\_\_\_\_
- \_\_\_\_\_

### Tuesday 1st • Dinner \_\_\_\_\_

- Quiet Time (Gen 7-9; Matt 3)
- Clean out expired food in pantry
- Organize pantry items—earliest exp. dates in front
- Vacuum/dust kids' bedrooms
- Clean top shelf of refrigerator

Make Beds

S M T W T F S

Run/Empty Dishwasher

S M T W T F S

Do Laundry

S M T W T F S

Exercise

S M T W T F S

Daily