

## Week 1 Results

	Starting Weight	Week 1	Weigh-In Difference	Weigh-In % Difference
Alexandra "Alex" Reid	240	231	-9	3.75%
David Jones	307	287	-20	6.51%
Gina McDonald	245	230	-15	6.12%
Jeff Nichols	388	359	-29	7.47%
Michael Dorsey	444	423	-21	4.73%
Nicole "Nikki" Davis	280	-	-	-
Thomas "TC" Pool	376	361	-15	3.99%
Dannielle "Danni" Allen	258	239	-19	7.36%
Nathan Montgomery	359	339	-20	5.57%
Pamela Geil	237	227	-10	4.22%
Cate Laughlan	237	225	-12	5.06%
Francelina Morillo	267	248	-19	7.12%
Jackson Carter	328	306	-22	6.71%
Joe Ostaszewski	364	338	-26	7.14%
Lisa Rambo	246	230	-16	6.5%